

SCIATICA

An irritation of the sciatic nerve.
Pain often felt in the low back,
gluteus muscles, and down the leg.

Causes of sciatica include:

- Herniated disc
- Piriformis Syndrome
(common in women)
- Sacroiliitis
- Acute injury
(local muscle inflammation, bone fracture)

Even a wallet in the back pocket can spark sciatic nerve irritation.

Foot Levelers custom orthotics can
help reduce pain or prevent Sciatica.

Ask your doctor for
more information.

